

Notaí Éireann

Irish Notes

Irish Club of Regina

Fall 2008

Up Coming Events

Stitch'n'Chat - Oct. 8/08 -
7 pm

Dance Fundraiser - Oct.
25/08

AGM - Nov. 13/08 - 7 pm

Christmas Party - Dec.
7/08 - 2 pm

Announcement of Annual General Meeting

The annual general meeting fo the Irish Club of Regina is scheduled to be held on Thursday, November 13, 2008 at the South Leisure Centre, 170 Sunset Drive, in the Multipurpose Room.

Registration is 7:00 pm and the meeting will begin at 7:30 pm. Memberships must be received or renewed by Monday, September 30, 2008 in order to be eligible to vote. Please use the form below to complete your membership renewal in time to vote.

If anyone is interested helping at the meeting or running for election they should contact Alice MacDougall for further information.



2008 – 2009 Irish Club of Regina Membership Form

Name:	_____
Address:	_____ _____ _____
Phone:	_____
Email:	_____
Membership Type:	<input type="checkbox"/> Single (\$15) <input type="checkbox"/> Family (\$20)

Please complete the form above, enclose with payment and send to:

P.O. Box 37171, Landmark Shoppers
REGINA SK S4S 7K4

Why Learn Irish

There seems to be a new spirit developing in people with a new found appreciation for heritage, culture and humanity.

Some good reasons to learn Irish include:

1. It's the National Language of Ireland: Irish is the first official language of the Republic of Ireland and has recently gained official recognition in the six counties of Northern Ireland under the Good Friday Agreement.

2. Cultural Identity of the Irish people: The most important distinguishing characteristics of a culture are usually contained within its language

3. Dramatic Increase in the number of Irish speakers: The 1996 census of Ireland showed that 1,095,830 people, 32% of the Irish adults, claimed to be able to speak Irish. No official count exists of how many people outside Ireland can speak Irish, but estimates range as high as 2 to 3 million.

4. The New Irish Renaissance: Irish is currently going through a major renaissance and more people are able to speak and write Irish today than have been able to for over 150 years. More books, newspapers and magazines have been published in Irish in the

past century than in the entire history of the language.

5. Irish in the computer age: The ancient tongue of the Gaels has also entered the computer age and numerous Irish websites, chat rooms, and even online language courses like www.Gaeltalk.net now exist.

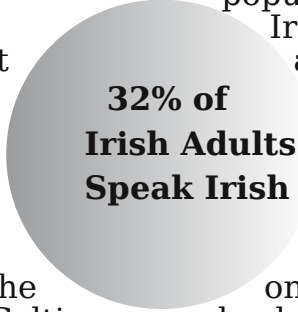
6. Source of meaning for Irish surnames, personal names and place names: Irish place names, surnames and personal names are well established throughout the world and are not just limited to Ireland itself.

7. Guide to other Celtic Languages and English: Irish is the oldest surviving Celtic language. Irish is the father of two other Celtic languages, Scots Gaelic and Manx. Irish is a valuable source of many English words and expressions such as: whiskey, loch, glen, slew, smithereens, you're welcome, kibosh, and even our furry feline friend the cat owes its name to Irish.

8. Irish literature, folklore and proverbs: Irish is the only language north of the Alps to have any extensive surviving ancient and medieval literature studied at all major universities

through out Europe and as North America and Australia. Ireland has the world's largest collection of folklore and proverbs of which the vast majority is only available in Irish.

9. Ireland's need to maintain its identity in the EU: Ireland's recent entry into the EU has highlighted Ireland's need to maintain its unique identity through its language. Irish is becoming more and more a part of the Irish national identity as well as gaining increasing popularity with both Irish and non-Irish abroad.



**32% of
Irish Adults
Speak Irish**

Soon, le cúnamh Dé, (with God's help), no one will even need to ask: why learn Irish? For Information on on-line lessons, check out www.gaeltalk.net.

Copyright © 2007
Gaeltalk.net All Rights Reserved

Upcoming Events

There are several event and activities coming up this fall and winter. The first is a Stitch'n'chat at Mary Mackniak's home, 3516 Wascana Street, on Wednesday, October 8, 2008. We will be meeting at 7:30 pm for a relaxed evening of art and conversation. All are welcome to attend.

On Saturday, October 25, 2008 the Irish Club of Regina Dancer will be holding a fundraising event at St. Luke's Anglican Church Hall, 3233 Argyle Road. Tir Na N'Og, a band from Calgary will be playing. If you would like more

information on the band, check out their website at <http://www.tirnanogtheband.ca>. Anyone interested in tickets should contact either Alice at 584-0018 or Sarah at 581-1342.

November 13, 2008 will be the Annual General Meeting for the Irish Club of Regina. Please see the details on page one.

Our Christmas party will be held on Sunday, December 7, 2008 at the Rotary Seniors Centre (the one on Elphinstone) at 2:00 pm. Please bring your family out to enjoy a

relaxed afternoon and probably a munchie or two.



Irish Club of Regina Dancers

The Irish Club of Regina Dance program is excited to once again offer dance classes for beginner and returning dancers. The dance program is designed to offer teens and adults an opportunity to learn both traditional and contemporary soft shoe and hard shoe dances.

Classes are offered at St. Luke's Anglican Church Hall - 3233 Argyle Street in Regina. Level I (beginner classes) take place Wednesday evenings from 6:30 pm - 7:15 pm (soft shoe) and 7:15 pm - 8:00 pm (hard shoe). In Level I, you will learn the basic steps and some easier solo and

group dances. Level I is recreational and there is no obligation to perform.

If you'd like to get a taste of what Irish dancing is



all about, please join us at 6:30 pm on Wednesday, September 3rd at St. Luke's Hall. Wear comfortable clothing suitable for exercising and running shoes or soft dance

shoes. We'll teach you a couple of basic steps and introduce you to our dance program. Regular classes will begin on Wednesday, September 10th at 6:30 pm.

An online registration form is available. You may also fill in a form at the Open House!

For more information, please contact Sarah at 581-1342. See you in September!

Chocolate Guinness cake

Cake:

250ml Guinness
1 cup butter
75g cocoa
400g caster sugar
2 ½ teaspoons baking soda

140ml sour cream
2 eggs
1 tablespoon vanilla extract
275g plain flour

Icing:

300g cream cheese
150g icing sugar
125ml heavy cream
1 heaping tablespoon Les Perles Valrhona chocolate drops

Directions:

1. Preheat the oven to 180C/355F, and grease and line a 9 inch springform tin.
2. Pour the Guinness into a large saucepan, and add the sliced butter. Heat until the butter is melted, and remove the saucepan from the heat. Whisk in the cocoa and sugar. Beat the sour cream with the eggs and vanilla, then pour into the saucepan. Finally, beat in the flour and baking soda.
3. Pour the batter into the greased and lined tin, and bake for 45 mins to an hour. Leave to completely cool in the tin - it is quite a damp cake.
4. For the icing, beat the icing sugar and cream cheese together. Add the cream, and beat again until it's a spreadable consistency. Ice the top of the black cake until it resembles the frothy top of a pint of Guinness. For an added touch, top with chocolate drops to resemble bubbles.

Keith's notes: I didn't have a springform tin so used a deep 6.5 x 9 inch greased pan, and substituted extra fine sugar for the "caster" sugar. I had also thought that the batter tasted a little tart, so added another quarter cup sugar before baking. Based on how moist it was, I went with 55 minutes to bake.

Submitted by Keith Cunningham

Irish Club of Regina

P.O. Box 37171
Landmark Shoppers
REGINA SK S4S 7K4

email:
info@irishclubofregina.org
web:
www.irishclubofregina.org

The Irish Club of Regina is a non-profit organization that is dedicated to promoting and supporting Irish culture within Regina and area. We currently support an Irish Dance group, a Book Club and we are working towards presenting a series of Workshops in the Fall.

To become a member, please contact us! Memberships rates are \$15 for a single membership and \$20 for a family membership. Membership entitles you to receive our newsletter as well as admission to our Movie Nights and allows you to take part in our events.

Why become a member of the Irish Club of Regina? If you enjoy Irish culture in any of its many forms, the Irish Club is the place to find it. Music, dance, literature, céilís, sport and traditional Irish handwork are all workshops that we hope to be able to offer. We need interested, active members in order to provide these events.